

Items for Hope Impacts to continue helping the homeless during the Covid-19 shut down. We may need to make sandwiches to deliver to the homeless on the streets.

Food

All small **individual, easy open** type

1. Protein – Tuna, tuna salad or chicken salad in box or pkg.(flavored) Vienna sausages, canned meat, Spam, peanut butter
2. Canned soup (Easy open)
3. Canned fruit (Easy open)
4. Fruit Cups
5. Crackers w/cheese or peanut butter
6. Mac & Cheese
7. Individual packs of chips, Funyuns, Goldfish
8. Apple Sauce
9. Breakfast items
10. Crystal Light Packs
11. Gatorade
12. Ensure

13. Fresh fruit – Bananas, tangerines, grapes

14. Sandwich or deli meats and cheese
15. Sandwich bread
16. One-pound packs of meat for those that can cook – hamburger, chicken, porkchops, sausage
17. Gallon size zip lock bags
18. Snack Packs
19. Mustard & Mayonnaise Packs
20. To Go containers
21. Picnic Paks – plasticware with napkin

Other items needed on-going:

1. Men's shorts & jeans – Sizes 29 – 34
2. Men's cotton boxer briefs (New) - med to large
3. Women's cotton underwear (New) – Size 5 – 7
4. Tennis Shoes (Men & Women) – Size 9 - 11
5. Body Wash - large bottles for our showers
6. Razors
7. Laundry Pods & laundry detergent – HE -High Efficiency